



Supply & Demand
"The Sex Trafficking Equation"

Core Issue Addiction Recovery



Live & Online Training
Associates
Ambassadors
Affiliates

FMM TRAINING FOR THE PURPOSE OF PLANTING AND SUSTAINING SAFE, CORE ISSUE ADDICTION RECOVERY GROUPS THAT DISCIPLE PARTICIPANTS TO SERVE OUT OF THEIR STORY



Human Trafficking
Demand Reduction Initiatives

Core Issue Addiction Recovery

Dr. Mark Laaser
L.I.F.E. Recovery Model
Biblical - Clinical Trauma Model Treatment

Correctional System Sex Offenders

SO Counseling Therapy Groups

Misdemeanor Adult Comm. Sex



SO Community L.I.F.E. Recovery Group



- Sexual Offender School Curriculum Content**
- Tier 1 Court Mandated Attendance**
 - Prostitution Street Facts
 - Health Education
 - Effects of Prostitution on Sex Workers
 - Pimping, Recruiting and Trafficking Dynamics
 - Effects of Prostitution on Community
 - Sexual Addiction
 - Trauma Model / Core Issue Addiction Recovery
 - Healthy Intimacy Skills
 - Aftercare Support Groups
 - Faith Community Involvement
 - Tier 2**
 - SO Community
 - L.I.F.E. Recovery Groups
 - Tier 3**
 - Faith Community Assimilation
 - L.I.F.E. Recovery Groups



Forgiven Much[®] Ministries – Executive Summary

Mission: Founded in 2007, Forgiven Much Ministries is a Christ-centered ministry called to train the next generation of Christian leaders for the purpose of planting and sustaining safe, Christian, core issue/trauma model recovery groups with a sexual addiction specialty that communicate theological beliefs based on God's design for marriage, gender and sexuality. FMM desires to associate with likeminded people who will further these religious beliefs and passionately disciple participants for a lifetime of service to their Savior through the word of their testimony (Rev. 12:11).

Sue Moore, C.P.S.A.S., a Sexual Addiction Specialist, addresses the ministry gap to sexually compulsive persons and their families. Years of fulltime ministry experience with leading experts in SA recovery suggests that isolation, a lack of addiction and recovery literacy, training resources and networking with likeminded individuals/ministries inhibit many from ministering out of their testimony to further disciple others.

Strategic Partners: The Christian Community: Church and lay leaders, Counselors, General Addiction and Sexual Abuse Recovery Programs, Pregnancy Centers, Anti-Sex Trafficking and Prison and/or Jail Ministries.

The L.I.F.E. Recovery Model - the Next Generation of Effective Addiction Recovery

All of God's word is profitable yet not all Christian recovery models are equal. Although early 12 Step recovery programs were enriched by second generation Christ-centered materials, experience indicates these approaches lack an essential biblical core issue/trauma model focus, vital group crosstalk, the teaching of healthy intimacy skills and an intentional discipleship model to serve out of their testimony.

The biblical foundation of the L.I.F.E. Recovery Guide and its Core Issue Addiction Recovery (CIAR) principles simply directs participants toward the most effective work to escalate their recovery process. By revealing strongholds and proud arguments, better understood as core issues, participants uncover false beliefs that are raised up against the knowledge of God (2 Cor. 10:5).

- L.I.F.E. Recovery Guides teach participants to express feelings and to process pain in a specific and efficient manner that promotes accelerated healing. (See Principle Assignment GRID in the Sample Pack)
- Unlike other approaches, the L.I.F.E. Recovery Group process involves crosstalk, speaking into a life, discussions and "Iron sharpening Iron" biblical principles, each vital to implementing healthy intimacy skills outside of group.
- Finally, without uncovering and the healing core issues that drive the addictive condition and learning healthy intimacy skills, individuals continue striving with faulty belief systems and are prone to switch addictions.

Unique Service Provider:

Online/Onsite Training make instruction easily available and direct to the Christian community. Previously accredited CEU conference materials taught by Sue Moore, compiled from addiction and recovery experts such as P. Carnes, M. Laaser, M. Ferree, R. Blankenship, D. Amen, Cloud & Townsend, A. Hart and others, bring a confidence of literacy necessary for planting and sustaining core issue recovery groups, in addition to the added value of networking with other Christian recovery ministries to strengthen local community efforts.

Credentials:

- Certified Pastoral Sexual Addiction Specialist by the International Association of Certified Sexual Addiction Specialists
- Greater Orlando Human Trafficking Task Force - Founding Member and "Demand Reduction" Subcommittee Chair
- Georgia Statewide Human Trafficking Task Force Partner – Criminal Justice Coordinating Council
- Chattanooga Coalition Against Human Trafficking Demand Reduction Subcommittee Chair
- Trained under Johna Hale, M.A. and CEO/Co-Founder of L.I.F.E. Recovery International, on the methodology and principles of Dr. Mark Laaser, internationally known author and foremost Christian authority on sexual addiction recovery and author of the L.I.F.E. Recovery Guide series published by L.I.F.E. Recovery International.
- Sue Moore authored the L.I.F.E. Recovery Model, endorsed by Dr. Laaser, contributed content and edited manuscripts for the L.I.F.E. Guide for Addictive Behaviors, the L.I.F.E. Grieving Guide as well as for the E4HI program, a curriculum to reform purchasers of adult commercial sex.
- U.S. Dept. of Justice - National Institute of Corrections, Thinking for a Change Certified Facilitator
- 2006 graduate of the SALT Institute developed by the late Greek Theologian Spiros Zodhiates of AMG International and Woodland Park Baptist Church, Chattanooga, Tennessee.

Goal: To conduct FMM trainings that plant L.I.F.E. Recovery Groups for sexual/general addiction recovery and establish CIAR community training centers nationwide emphasizing collaboration with criminal justice and the human trafficking movement.



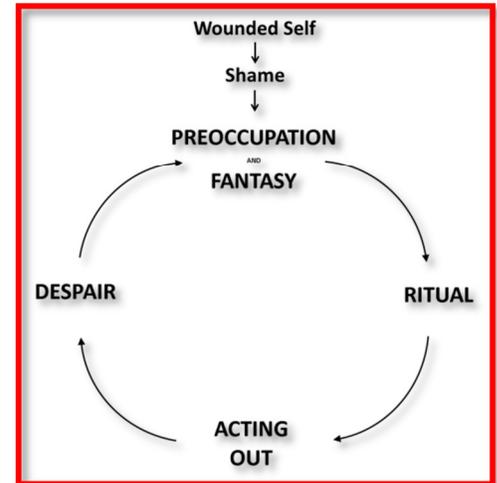
Specialized Experience in Core Issue Addiction Recovery

Written by Sue Moore, C.P.S.A.S. - 2012

Forgiven Much® Ministries

The expanding impact of addiction on society is forcing a deeper look into what is behind these behaviors and the effectiveness of recovery methods and practices. In the US alone, population statistics indicate that 26%, 80 million people, 12 years and older abuse substances.¹ Add to that 47% of Christians admit that pornography (only one of sixteen presentations of sexual addiction) is a major problem at home² and we can clearly see that we are a culture reeling in the addictive condition. The question really is, "Are we ready to address what is driving our behaviors?"

Based on decades of research, Dr. Patrick Carnes established the "Cycle of Addiction" which involves a sequence of stages beginning with Preoccupation or Fantasy, leading to Rituals, then Acting Out and Despair. Each repetition of the cycle intensifies the craving and neurochemical tolerance. In Carnes book, *"Out of the Shadows,"* he relays how this behavior begins with delusional thought processes that are rooted in the addict's belief system. "Each person has a **belief system** that is the sum of the assumptions, judgments, and myths that he or she holds to be true. It contains potent family messages about a person's value or worth, relationships, needs, and sexuality. Within it is a repertoire of what "options" – answers, solutions, methods, possibilities, ways of behaving – are open to each of us. In short, it is a model of the world."



Since 2000, L.I.F.E. Recovery International has been at the forefront of sexual addiction recovery administering core issue methodology that addresses an addict's underlying belief system. Through the course of ministry, L.I.F.E. can substantiate findings that sex addicts often present with 4-5 co-occurring addictions.³

Dr. Carnes, a sexual addiction expert, has also stated, "Seldom do these [persons] have only a sexual problem. Most (83%) have other addictive/compulsive disorders as well. For example, 41% have problems with alcohol or drugs, and 38% have an eating disorder. Other issues include gambling, financial disorders, and nicotine. Usually compulsive sexual behaviors are part of an intricate weave of behaviors to manage internal distress."⁴

As I have worked with those in recovery I can affirm the validity of this statement and propose that the reverse is true too. Eating disorders, workaholism, codependency, body image issues, romance obsession, drugs and alcohol, internet and process addictions may have underlying sexual issues that are not being addressed by other recovery methods.

Although other Christian recovery models are established on the word of God and we agree that all of God's word is profitable, the biblical foundation of the L.I.F.E. Recovery Guide principles simply direct participants toward the most effective work to reveal false belief systems, strongholds and proud arguments, better understood as core issues, that are raised up against the knowledge of God. L.I.F.E. Recovery Guides do this specifically and efficiently in a manner that promotes accelerated healing.

Understanding Core Issue Addiction Recovery

Discerning the best approach for addiction recovery is critical to success.

- The **Disease/Behavioral Model** believes that the abuse of the substance or behavior is the core issue.
- The **Trauma/Core Issue Model** believes that the deeper core issues drive the behaviors as a means of coping with pain.

Trauma, Intimacy and Growth

Post-Traumatic Stress Disorder: Common to all addictive/compulsive behaviors is a history of trauma and abuse. Sexually compulsive individuals have a history of *sexual abuse* (81%), *physical abuse* (72%), and *emotional abuse* (97%). Addictions and compulsions become a way to manage stress disordered affect and may include repeating the trauma compulsively.⁴

Intimacy Deficit: More than 87% of [addicts] come from disengaged families — a family environment in which family members are detached, uninvolved, or emotionally absent. All compulsive and addictive behaviors are signs of significant intimacy disorder and the inability to get needs met in healthy ways.⁴

The Dynamics of Post Traumatic Growth: PTG does not occur because of the core wounds, but rather occurs when the person goes beyond an adaptive response and learns how to struggle with the potential transformational possibility of the core issues. Terms like trauma, crisis, and stressful life events can be used interchangeably. “In developing literature on PTG, reports of growth experiences in the aftermath of stressful events far outnumber reports of psychiatric disorders.”⁵

The Process of Post Traumatic Growth: There are three critical elements that promote PTG for an individual that has experienced a traumatic life event.⁵

- **Managing Distressing Emotions:** A person learns to express all feelings relating to the injury including anger, anxiety, and sadness. In reality, this is grief work.
- **Support and Disclosure:** An individual practices disclosing honest feelings and thoughts about the core wounds with other supportive people. This must involve a system of social support.
- **Cognitive Processing:** The experience of core woundings lead to feelings of shame and distorted beliefs about God, self, and others. Cognitive restructuring is a function of helping a person “reframe” the experience in light of God’s truth. This includes helping the person discover how they are stronger today because of the core issue.
- We would add a fourth element - **Forgiveness:** In the process of religious and spiritual maturity, a person will learn how to embrace the process of forgiving the people and circumstances which caused the harm.⁵

L.I.F.E. Recovery Guides address the core wounds that drive the addictive behavior which the addict uses as a means to medicate pain and shame.

L.I.F.E. Recovery Groups offer participants a safe environment where they are no longer in isolation and are learning the healthy intimacy skills needed to express their feelings and process pain, all while in fellowship with others on the recovery journey.

Addiction is an intimacy disorder. People with an intimacy disorder are afraid to be known and to know other people. Unless the origins of core issues are uncovered and healing begins, even Christians offer external measures to control behaviors and switch addictions to a more socially acceptable method of coping. Now is the time to uncover and heal the core issues driving addiction both inside and outside the Church. We can *Live in Freedom Everyday*.

Citations:

¹ NCASA (CASA Columbia) 2012

² Focus on the Family

³ Christopher J. Charleton, M.A., LCSW, a licensed clinical therapist, president of InterAct Counseling PLLC, author of “Relapse.”

⁴ Dr. Patrick Carnes http://enrichmentjournal.ag.org/200504/200504_022_internet.cfm

⁵ Dr. Mark Laaser, <https://www.faithfulandtrue.com/Resources/Post-Traumatic-Growth2-Fall-11-Christian-Counselin.aspx>